

My Notes:



The trauma response is not something that can be fixed, but you can give the student tools to help them function in the classroom and society.




Teachers control the classroom environment and can use this to help direct their students' behaviors.

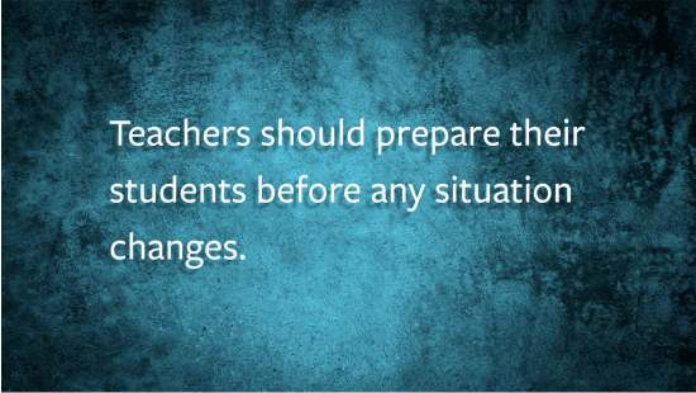
Music and rhythm are some of the greatest tools for meeting kids at a sensory level.



Music alone can help
bring kids' minds to a
calmer space.



Teachers should prepare their
students before any situation
changes.



Environmental controls
for the classroom:

- Schedule
- Routine
- Movement
- Down time
- Preparation



When students know
what's coming, they're
less likely to have a
stress response.

