

My Notes:



Bottom-Up Brain Development

Brain Stem - "Survival center"
Responsible for fight, flight,
freeze, or fawn.



Bottom-Up Brain Development

Middle Brain - "Seat of learning"
Where emotions and primary focus
are developed in early childhood.



Bottom-Up Brain Development

Uppermost Portion - "Thinking
center." Executive function, language,
sense of self, ability to predict, plan,
and empathize.

